

Dr. Barnes Visits Second Grade

How can we take care of God's natural resources and have healthy bodies at the same time? Just ask the second grade students in Mrs. Carpenter's class! On Friday, March 12, Dr. Thomas Barnes, a local chiropractor, talked with the second grade students and answered these important questions. Dr. Barnes proposed that eating natural locally grown foods would increase the health of their bodies. In addition, that would save the energy involved in transporting foods from far away, and eliminate wasteful food packaging. He then demonstrated how composting foods is a way to give back to God's creation. As a wrap-up to the visit, Dr. Barnes gave students an opportunity to put these principals to work. Each student happily received a pack of pumpkin seeds to plant in their own gardens and a recipe for making pumpkin muffins!

